



DrQPlasticSurgery.com

*“With Dr. Q,  
It’s All About You!”*



Affectionately referred to by her patients as “Dr. Q”, Suzanne Quardt, M.D. is passionate about her craft of helping people look and feel their best. Dr. Quardt’s meticulous technical skills combined with her artistic eye and attention to detail, allows her to create carefully- sculpted, precise results that are both natural-looking and beautiful.

Extensively trained and Board Certified in Plastic Surgery, Dr. Quardt holds two post-graduate fellowships and has authored many publications. She served as the Chief of Plastic Surgery at the prestigious Eisenhower Medical Center in Rancho Mirage, California, which is rated as one of the nation’s “Top 5 Hospitals”. In addition, Dr. Quardt is named as a Palm Springs Life “Top Doc” by her peers for 2011 & 2012. Dr. Quardt’s warm and friendly demeanor, engaging smile and caring attitude make her easily approachable for her patients.

Dr. Q performs all aspects of aesthetic surgery from head to toe. Whether it’s a facelift you need or a total body makeover, Dr Q is for you! She specializes in complex breast surgery and all body contouring procedures.

She remains readily available to each and every one of her patients, guiding and caring for you through your journey together because with Dr. Q, it’s always *All About You!*

*“I am delighted to be part of your journey, helping you to achieve your aesthetic and/or reconstructive needs.”*

*– Suzanne M. Quardt, M.D.*

***“Exceptional, compassionate patient care and satisfaction is at the heart of her practice”***

Welcome to our comprehensive medical suite offering the latest Cosmetic Surgical and Non-Surgical Services! Cosmetic and reconstructive surgery can not only enhance one’s appearance, it can also restore and strengthen self-confidence and raise self-esteem. Aesthetic surgery can improve what Mother Nature has bestowed upon you. For those who seek corrective surgery, Dr. Quardt can greatly improve her patients’ quality of life by restoring form and function of the face or body.

Dr. Quardt is pleased to offer the following Cosmetic and Reconstructive Surgical and Non-surgical services:

**FACIAL SURGERY**

**BREAST SURGERY**

**BODY SURGERY**

**MALE SURGERY**

**COSMETIC NON-SURGICAL TREATMENTS OF THE FACE AND BODY**

## Eye, Face and Neck Surgery

Ongoing aging combined with environmental stresses of everyday life can result in fine lines, deep wrinkles, bags under the eyes, undefined facial contours, thinned-out cheeks or lips, excess fatty deposits, and sagging skin at the cheeks, jaw and neck. Many patients complain of appearing tired, frustrated with their "turkey neck" and looking much older than they feel.

Dr. Quardt offers the following surgical procedures for the Eyes, Face and Neck:

**EYELID SURGERY OR BLEPHAROPLASTY** (UPPER AND/OR LOWER EYELID SURGERY - TO REDUCE UPPER LID HOODING AND LOWER LID BAGS AND WRINKLES)

**BROWLIFT** (CORONAL, ENDOSCOPIC AND MODIFIED - TO LIFT A SAGGING BROW/FOREHEAD)

**FACELIFT** (EXTENDED, STANDARD, OR MINI - TO LIFT AND IMPROVE FACIAL AND NECK SAGGING)

**FACIAL FAT-GRAFTING** (TO REPLACE FACIAL FULLNESS, ENHANCING YOUR FACIAL CONTOURS)

**FACIAL LIPOSCULPTURE** (TO REMOVE EXCESS FAT OF THE FACE)

**NECK LIPOSUCTION** (TO REMOVE FAT FROM THE NECK AREA)

**NECK LIFT** (TO CORRECT A "TURKEY NECK" OR SAGGING NECK SKIN)

**EAR PINNING OR OTOPLASTY** (CORRECTIVE EAR SURGERY - TO REDUCE PROMINENT EARS)

**NASAL SURGERY OR RHINOPLASTY** (TO CORRECT HUMPS, REDUCE WIDE OR BULBOUS TIPS)

**FACIAL IMPLANTS** (CHIN, CHEEK, ETC. - TO IMPROVE FACIAL CONTOURS)

**EARLOBE REDUCTION/REPAIR** (TO CORRECT TORN OR SAGGING EARLOBES)

Before



After



Saggy, tired-appearing eyes corrected with Upper and Lower Eyelid Surgery



Heavy lower eyelid bags removed with Transconjunctival Lower Eyelid Surgery leaving no visible scars



Patient complained of a "turkey neck" that was corrected with Face and Neck Lift



Male frustrated with his neck and refused to have a Facelift – corrected with a Direct Neck Lift

### **Breast Surgery**

From Breast Augmentation to Breast Reconstruction, Dr. Quardt specializes in all aspects of breast surgery. Dr. Quardt offers several surgical procedures that can augment, restore or enhance the size and appearance of the breast.

Dr. Quardt specializes in the following Breast Procedures:

**BREAST IMPLANTS OR AUGMENTATION** (SILICONE GEL AND SALINE IMPLANTS - TO CREATE FULLER, LARGER BREASTS)

**BREAST LIFT OR MASTOPEXY** (EXTENDED, STANDARD, VERTICAL AND CONCENTRIC - TO IMPROVE THE POSITION AND SHAPE OF SAGGING BREASTS)

**BREAST IMPLANTS WITH LIFT** (TO RESTORE BOTH VOLUME AND SHAPE)

**BREAST REDUCTION** (TO CREATE A BREAST SIZE AND SHAPE THAT IS MORE BALANCED AND WELL-PROPORTIONED)

**BREAST RECONSTRUCTION** (BREAST CORRECTION FOLLOWING MASTECTOMY, TRAUMA, OR OTHER CONGENITAL DEFECTS)

**BREAST REVISION** (TO CORRECT ANY NUMBER OF ISSUES ACQUIRED FROM PREVIOUS BREAST SURGERIES AND/OR OTHER DEFORMITIES)

Before



After



Breast Augmentation with silicone gel implants placed above the nipples to help lift them and minimize scarring



Heavy breasts caused neck and back pain relieved by a Breast Reduction



Breast Revision for old, small gel implants with left breast hardening/contracture

## Body Contouring

Our bodies change over time from many factors including weight loss, gain, and childbirth. Dr. Quardt tailors specific body contouring techniques for your individual aesthetic goals.

Common Body Contouring procedures offered by Dr. Quardt include:

**TUMMY TUCK OR ABDOMINOPLASTY** (STANDARD, EXTENDED, MINI, AND REVERSE - TO FLATTEN AND TIGHTEN THE ABDOMEN AND REMOVE EXCESS SKIN AND FAT)

**ARM LIFT OR BRACHIOPLASTY** (TO TIGHTEN DROOPING UPPER ARMS)

**THIGH LIFT** (FOR THE INNER, OUTER OR CIRCUMFERENTIAL THIGHS - TO LIFT THE THIGHS)

**BODY LIFT** (UPPER AND LOWER - FOR MULTIPLE AREAS AFTER MASSIVE WEIGHT-LOSS)

**MOMMY MAKEOVERS** (TO RETURN AND ENHANCE A WOMAN'S BREASTS AND BODY TO PRE-MATERNITY SHAPE)

**LIPOSUCTION/LIPOSCULPTURE** (TUMESCENT, POWER-ASSISTED AND/OR LASER-ASSISTED - TO REMOVE STUBBORN FAT IN TROUBLE AREAS)

**LABIAPLASTY** (TO RESTORE THE OUTER PORTION OF THE FEMALE ANATOMY)

**BUTTOCKS LIFT** (TO CORRECT A SAGGING BUTTOCKS AREA)

**COOLSCULPTING** (A NON-SURGICAL, NO DOWNTIME, EFFECTIVE FAT REMOVAL AND BODY SCULPTING TREATMENT)

Before



After



Mommy Makeover using Breast Augmentation with Breast Lifts and Abdominoplasty after childbirth and massive weight loss



Male Liposculpture of the Abdomen and Flanks to obtain a fitter physique

### Non-Surgical Cosmetic Treatments

Genetics, sun exposure, weight fluctuations, stress and many other life experiences can take a toll on our faces - leaving us with lines and wrinkles, baggy skin under the eyes, undefined facial contours, sun-damage, thinned-out cheeks and lips, unwanted fatty deposits, and sagging skin at the cheeks, jaw and neck.

For those who prefer Non-surgical treatments to help revitalize their appearance, Dr. Quardt offers an array of Minimally-Invasive Treatments to counteract the signs of aging:

**COSMETIC INJECTABLES** (TO TREAT WRINKLES AND/OR DEPRESSIONS OF THE FACE)

**IPL TREATMENTS OR PHOTOFACIALS** (TO TREAT UNEVEN SKIN TONE AND SUN DAMAGE)

**CHEMICAL RESURFACING** (USE OF CHEMICAL PEELS TO TREAT AGING/DAMAGED SKIN)

**LASER SCAR AND STRETCH-MARK TREATMENTS** (TO TREAT SCARS AND STRETCH-MARKS)

**LASER RESURFACING** (TO TREAT FACIAL SKIN TEXTURE, TONE AND WRINKLES)

**THE "Q LIFT"** (A CUSTOMIZED COMBINATION OF NON-SURGICAL TREATMENTS TO TREAT FACIAL AGING)

Before



After



51 year old patient who keeps her youthful face with a maintenance regimen of Botox, Fillers and Laser Treatments



61 year old patient who maintains her natural appearance with Botox and Fillers



Patient who underwent only one Fractional Ablative Resurfacing Treatment of her face



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70017 Highway 111, Suite 1

Rancho Mirage, CA 92270

Phone: 760.324.2660